



# On the Bench

I'm ready and aching to play in the match  
but have to sit it through on the bench  
never allowed to come down, join in.

*Cliff*

*Cliff works for United Response in Kent. He suggested this is what it's like to have a learning disability.*

**Poems for...bridges to Learning Disability**

<https://poemsforthewall.org>

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**United  
Response**  
support that changes with you